

**Post-operative Instructions Following Earlobe Repair**

**Uncomplicated and early healing, to a great extent, depends on how well you care for yourself. Please read the following instructions carefully and ask us any questions you may have.**

**After your office visit**

- The Band-Aid will remain in place for 24 hours, after; it can be left open to air or covered with a Band-Aid.
- The sutures should be cleaned with hydrogen peroxide using Q-tips and then covered with the prescription Bactroban (Mupirocin) ointment. This should be done 2-3x a day.
- Cool compresses will help reduce the swelling. **Avoid placing anything frozen directly on the skin.**
- If you tend to bruise easily, you may take Arnica Montana (SinEcch™) immediately after your procedure. For the remaining pills, please follow the directions behind each capsule. You can obtain Arnica without a prescription at some pharmacies and most health food/nutritional supplement stores.
- The sutures will be removed 1 week after the procedure. We will schedule your post-op visit with our office on the day of your procedure.
- It is normal to experience some bruising and swelling after the procedure.
- Notify the office if you experience increasing pain, bruising, swelling or marked bleeding from the incision(s).

**For Discomfort**

- For the most part, Tylenol Plain or Tylenol Extra Strength, 1 – 2 tablets every 4 – 6 hours should be sufficient but if needed, use the Tylenol #3 that we have given you. If both are ineffective, call us.

**We look forward to being of service to you. If you have any questions or concerns please call our office. 212-327-4600**